

# Rolette County Wellness Coalition

Rolette County Public Health District

Tuesday, October 16, 2025

12 (Noon) P.M.

In-person at the RCPHD Office in Rolla or via TEAMS



## **Members Present:**

Sara Hendrickson, RN-Rolette County Public Health District

Sarah Senger-Rolette County Public Health District

Jeanna Strong-Rolette County WIC

Sarah Erickstad-LR HSC

Michelle McCoy-Northland Clinic

Vicki Arvidson-NDSU Extension Service

Kristi Sherven-HIA Hospice

Katie Gallant-ND Thrives

Diana Lange-Rolla Library

Keith LaVallie-St. John School Notes

Liz Deckert-Peace Garden Consortium

Michelle McCamy-Northland Clinic

Kathleen Langan-St. Kateri

Jolene Keplin-Tribal Public Health

Rolette County Wellness Coalition meeting notes were reviewed with no concerns voiced.

Introductions were made by stating their name and telling about their favorite fall treat, fall tradition or memory, and favorite fall activity.

## **Presentation**

No presentation was given at the September 2025 Rolette County Wellness Coalition meeting. Members reviewed the mission and vision statements, looked at a new logo option, activities for the year, and asked if anyone knew of any presentations that would be informational for the year.

## **Updates**

The Community Baby Shower was set for Wednesday, April 8, 2026, at the Eagle Heart Log House in Dunseith. Reviewed Move Your Way Day at the City Park in Rolla. It was mentioned that Belcourt has a kid's day in Belcourt. Flu clinics being held.

### **Sara Hendrickson, RN-Rolette County Public Health District**

Sara continues to do Health Track screenings. Offering Health Track Screenings to children between the ages of birth to 20. They have to have active Medicaid. The Health Track physical does not count as a sports physical. The state of North Dakota is going away from the Health Track name and calling it Well Child Checks. Flu shots will be scheduled in the schools and will start in September. RCPHD will be in Rolette, St. John, Rolla, and Dunseith schools giving flu vaccines. Going out to businesses to give shots.

### **Sarah Senger-Prevention Specialist at Rolette County Public Health Prevention**

Enjoy the smells of fall. Carve or paint pumpkins. Start Too Good For Drugs Curriculum in Rolette School in October. Jen and I will be going into grades K-9 this year. Will be starting in the Rolette School in October. Working on a Teen Maze event at Rolla school for Rolla and Rolette students in grades 7-12. Working with Rolla FFA to hold a Progressive Farm Safety Day that will happen on September 25.

### **Sara Erickstad- Community Behavioral Health Liaison at LR HSC**

Sara's favorite fall activity is making apple crisp.

A crisis stabilization unit will be opening in Devils Lake. It will be located in the same location as it was in the past. A community needs assessment will be completed in Devils Lake. The Clinical Behavioral Health Center concept for the LR HSC is on hold at this time. A Nurture Your Network event will be held on September 30, 2025, at the Rolette County Public Health District. The event will bring together agencies that provide mental health services. It is a time to exchange information, opportunities, and services related to our Mental Health Community. This event offers a platform to promote your business, outline referral processes, and showcase forthcoming services.

### **Jeanna Strong- RCPHD WIC**

Jeanna enjoys being outdoors in the fall.

WIC is using the Milestone checklist. Referrals are always welcome. If families are on SNAP and Medicaid, they are eligible for WIC. Families can also be eligible for WIC by income and household size. WIC has made food package changes. Children 6 months and older are not eligible for fresh fruits and vegetables, besides soft strips of food.

### **Jolene Keplin-Tribal Public Health**

HIS is having a fall supper. Moon Run for suicide mental health will be in Belcourt on September 27, starting at St. Ann's Playground. Informed coalition members that KEYA radio is good at getting events out to community members.

**Vicki Arvidson-NDSU Extension Service**

Enjoys apple crisp, watching her grandson, and pumpkins. Attended a conference last week and will be going into schools.

**Kristi Sherven- HIA Hospice**

Enjoys when her mom comes and they cut up apples and make bars. Hospice house in Fargo has received its first in-patient. They have room for 18 patients. HIA Heather's House is a peaceful, home-like setting. The goal is to control pain and help patients return home if possible.

**Diana Lange-Rolla Library**

Enjoys making apple sauce. An African Violet class will be October 4. Time is 1-3 p.m. The library has story hour and art classes.

**Liz Deckert- Peace Garden Consortium**

Enjoys making sauerkraut, salsa, pickles, and processing choke cherries. Busy back in the schools and training teachers.

**Katie Gallant- ND thrives, Rural and Tribal Youth Suicide Prevention**

Going out to schools to get them involved in ND Thrives and presenting STARS-Suicide Prevention Training and Readiness for Schools. Worked with St. Kateri in Rolla. ND Thrives also offers a Lethal Means workshop on learning calm conversations to have with people you might be concerned about who want to commit suicide. Learn ways to safely store firearms and medications. If you are looking for training or services offered by ND Thrives, check out their website at: [ndthrives.com](http://ndthrives.com).

**Michelle McCamy-Northland Clinic**

Enjoys hunting/pheasant hunting in the fall. Dental services have started in Rolette. The dental office is open Monday-Friday from 8 a.m. to 6 p.m. Medicaid is accepted and they have a sliding scale. Behavioral health is offered via telehealth. \$25 physicals are being done. Psychiatric Nurse Practitioner starting.

**Keith LaVallie-St. John School Note Taker**

No update.

**Kathleen Langan-St. Kateri Note Taker**

No update.

**The next Rolette County Wellness Coalition meeting will be on Tuesday, November 18, 2025, at 12 (Noon) p.m. via TEAMS or in-person.**