

# Rolette County Wellness Coalition

Rolette County Public Health District

Tuesday, January 20, 2026

12 (Noon) P.M.

In-person at the RCPHD Office in Rolla or via TEAMS



## Members Present:

Sara Hendrickson, RN-Rolette County Public Health District

Sam Sell-Rolette County WIC

Jeanna Strong-Rolette County WIC

Taylor Hart-ND Thrive UND Outreach

Renae Henderson, Director of Nursing at Rolette County Public Health

Michelle McCamy-Northland Clinic

Rylee Dahlen-Tribal Health Liaison

Rachel Goebel-ND Epidemiologist

Rebecca Bryan-Rolla Economic Development

Kari Bachler-ND Healthy Families Program Director

Read AI Notes

Kathleen Langan-St. Kateri

Tiffany Clouse-St. Kateri

Rolette County Wellness Coalition meeting notes were reviewed with no concerns voiced.

Introductions were made by stating their name.

Ice Breaker game of answer the riddle.

Update on service projects.

**Presentation Kari Bachler, ND Program for Healthy Families**, informed coalition members how they help families provide a safe and healthy life. Healthy Families ND meets families where they are, with visits at parks, virtually, or in their homes. Healthy families help with breastfeeding supports, cribs for kids, and car seat safety checks. Healthy Families gives parents tools to create strong bonds with children and build parenting skills. New mothers are given support and resources to help with stress and safety practices. ND Families provides services to families for three years. Referrals can be faxed or you can fill out the referral online at [HF Parent Referral Form | Uspire ND](#) . ND Healthy Families serve 240 families in all 53 counties in North Dakota.

### **Jeanna Strong-Rolette County WIC**

Always looking for new referrals. When a child is in foster care, they are eligible for SNAP benefits, Medicaid and WIC benefits. Families can qualify for WIC based on household size and gross income. Give Rolette County WIC a call if you have questions about eligibility. With the Maternal Health Grant, Rolette County WIC will be able to serve mothers with breastfeeding needs even if they are not on WIC.

### **Sam Sell-Rolette County WIC**

Always looking for new referrals. Breastfeeding classes are held every other month. Next class is February 11, 2026. The class is on the second Wednesday of the month. The class is held at the Turtle Mountain Home visiting program from 1-2 p.m.

### **Rachael Goebel-ND State Epidemiologist**

Respiratory Season Is Here! Some schools have closed to disinfect. Flu shots are still available and encouraged. Two pediatric influenza deaths this year. There have not been any influenza deaths in North Dakota for almost a decade. 80 confirmed cases of Syphilis in Rolette County. Second-highest in the state. Will check with Sarah at the state level to see if there are more test kits available.

### **Rebeka Bryant-Rolla Job Development Director**

Rebeka is the new director at the Rolla Job Development. She is joining us to understand community needs. The ice rink is open. Looking at other wellness spaces for exercise. As the director of job development, she is working on non-private grants to help our community.

### **Sarah Senger, Prevention Specialist at Rolette County Public Health**

The community baby shower is scheduled for April 8, 2026, at the Eagle Heart Log building in Dunseith. The event will be held from 2-6 p.m. A planning meeting will be scheduled. Continue with Too Good For Drugs in Rolette for grades 7-9.

**Sara Hendrickson, RN-Rolette County Public Health District**

Well child visits will be available. Appointments are Tuesday and Thursday. There are some other times available. Call to make an appointment. Flu and Covid shots are still available. Fluoride will be given to school next week. Rolette County Public Health is able to offer cribs for kids. Pack & Play and bassinets are available. Sara has received the training and will be conducting crib clinics. Michelle McCamy-Northland Clinic Dental services have started in Rolette. The dental office is open Monday-Friday from 8 a.m. to 6 p.m. Medicaid is accepted and they have a sliding scale. Behavioral health is offered via telehealth. A Psychiatric Nurse Practitioner is working in Rolette. Primary healthcare and vaccines are being provided. Addiction services are now available via telehealth. A licensed addiction counselor provides level 1-outpatient services. Rylee Dahlen-Tribal Health Liaison Public Health Conference is May 5-7, 2026. Nominations are currently being sought for Public Health Worker of the Year, Public Health Team, and Outstanding Service Award. The nominations are open until February 15, 2026. North Dakota Health and Human Services (HHS) is seeking youth aged 15-21 to serve on a Youth Health Advisory Board. The purpose of the advisory board is to offer an opportunity for youth to make a difference in North Dakota communities by planning, implementing and advising on meaningful projects and topics to improve the health of North Dakota youth. The advisory board provides young people a chance to learn about, and put into action, community-wide planning and enhance leadership skills and responsibility. January 29 is Holistic Healing at SkyDancer Casino from 9-3:30. February 18-20 is the Gathering of Native Americans Strengthening Families. The event will be held each day from 8:30 a.m. to 4 p.m. Taylor Hart-ND Thrives Renae Henderson, RN- Director of Nursing at Rolette County Public Health District

**The next Rolette County Wellness Coalition meeting will be on Tuesday, February 17, 2026, at 12 (Noon) p.m. via TEAMS or in-person.**

